

We Can All Help at Church

Learn about how everyone can work together to help at church.

Purpose

To help each child understand that every member of the ward or branch can help at church.

“No calling is beneath us. Every calling provides an opportunity to serve and grow. The Lord organized the Church in a way that offers each member an opportunity for service, which, in turn, leads to personal spiritual growth. Whatever your calling, I urge you to see it as an opportunity not only to strengthen and bless others but also to become what Heavenly Father wants you to become..” ~ Dieter F Uchtdorf

Preparation

Pull up any links you might need for the lesson - look at the Family Night website for quick links

Mark Scriptures ~ 1st Nephi 18:1

Find Pictures of ~ Nephi Building the Ship

Prepare for the Activities you want to do.

Things you will need ~ anything else you might need for extra activities

Prepare Treat ~ Suggested Treat - Apple Wedge Boats

We Can All Help At Church

Opening Song ~ Nephi's Courage (Primary Hymnbook; Hymn 120) *include verse 2

Opening Prayer

Attention Activity ~ (From manual) Have a chair in the middle of the room you are having FHE in. Try to pick up the chair by only picking up one leg of the chair. Make sure everyone else is sitting down, just in case the chair falls over! Explain that it would be easier if everyone grabbed one leg of the chair and we all lifted together! Lift the chair together, and then talk about how church is the same way. We all need to work together to make church work.

Scripture ~ 1st Nephi 18:1

Have the child repeat, word for word the scripture. Explain how Nephi needed his family to help him build the ship! You will discuss this further during the Scripture Story next!

Scripture Story ~ Nephi Builds a Ship

Tell your story about how Heavenly Father asked Nephi to build a ship to get to the promised land (chapters 17 and 18 of 1st Nephi). Talk about how his family needed to help him build the ship because he could not do it on his own. Just like how we all needed to lift the chair together.

If your child is willing to listen a little longer you can talk about how Laman and Lemuel didn't want to at first and were whining and complaining about it. Then with the power of God he was able to help change their minds, and then they decided to help.

Story ~ "New Friends, Old Friends" ~ From August 2010 Friend (Link on Family Night Website)

Show your child the picture of "New Friends, Old Friends" where Lissa goes to a new ward and makes new friends. Talk about how one way your child can help serve Heavenly Father in church is by being friends with everyone in their class, even if they do not know them very well.

Activity ~ Everyone Helps!

Think of an activity that one person usually does in your family - liking picking up toys, or doing the dishes. Talk about how when one person does it, it can take a long time. Tell your child that you are all going to do it together and see how fast you can get it done! Make a game out of it! A great way to help time go fast, even when you are working is by playing music in the background. After you are finished with the chore, tell your child how happy you were that they helped and how much faster it was. Tell them now that it is done, and it was done so

fast, maybe you have extra time to play a quick game together! Quick Games we enjoy that are perfect for little ones: Feed the Kitty, Spot it Jr, and Memory games!

Testimony ~ Bear your testimony to your child about how we all need to work together at church. It doesn't need to be eloquent and long, just keep it simple and heartfelt!

Closing Song ~ Do As I'm Doing (Primary Hymnbook; Hymn 276)

Closing Prayer

Treat ~ Suggested Treat ~ Apple Wedge Boats. Cut some apple wedges and stick a tooth pick with a small piece of paper on one end into the apple (see the family night website for a link with a picture). Talk about how Nephi's family worked together to build the boat, just like how we work together at church!

Extra Activities for This Lesson ~

1 ~ Play Follow the Leader

Have everyone take turns being the leader. This would be a great time to talk about how the Bishop leads our ward. You can also sing "Our Bishop" pg 135 to go along with this activity.

2 ~ Talk about different callings in the ward, and all the different things people do to help.

3 ~ Write thank you cards to people who help you at church, like teachers, bishop, visiting or home teachers, etc.

Other Materials ~

Basically all the ideas from this lesson is from The Primary 1 Manual, lds.org, and Sugardoodle.net

If you are looking for other materials to help with your lesson you can look in any of these places ~ There are links to them on the Family Night Website!

For Younger Siblings ~

If your child has a younger sibling, look at the lesson we have for infants and toddlers, you can find the link on our website.