

# Music Makes Me Happy

Music can be a powerful tool to help you feel the spirit! Teach your child a love for good music that invites the spirit!

## Purpose

To help each child understand that good music can help us feel happy and remind us of Heavenly Father and Jesus.

“The singing of hymns is one of the best ways to put ourselves in tune with the Spirit of the Lord. I wonder if we are making enough use of this heaven-sent resource in our meetings, in our classes, and in our homes.” ~ Dallin H Oaks

## Preparation

Pull up any links you might need for the lesson - look at the Family Night website for quick links

Mark Scriptures ~ Doctrine and Covenants 25:12

Find Pictures of ~ Pioneer Children

Prepare for the Activities you want to do.

Things you will need ~ anything else you might need for extra activities

Prepare Treat ~ Suggested Treat - Wafer cookie and Kit Kat piano Keys Treat

# Music Makes Me Happy

**Opening Song** ~ Fun to Do (Primary Hymnbook; Hymn 253) \* “singing a song”

**Opening Prayer**

**Attention Activity** ~ Sing, “If You’re Happy and You Know It”. Afterwards ask your child if they liked singing that song, and if it made them happy. Talk about how music can make you happy.

**Scripture** ~ Doctrine and Covenants 25:12

Have the child repeat, word for word the scripture. Explain that Heavenly Father loves when we sing songs, especially church songs. Singing church songs is a good way to feel the Holy Ghost.

**Scripture Story** ~ Pioneer Children

Tell your child about the pioneers, show a picture of them if one is available. Talk about how tired they must have been to walk so much. To make them feel happier, they would sing songs.

Ask your child if they were a pioneer child, what songs would they sing. Do they have any favorite church songs they sing in primary?

**Story** ~ “Grace’s Song” ~ From May 2010 Friend (Link on Family Night Website)

Talk about how happy Grace felt when she sang about Jesus. You can talk about the Primary Program in sacrament meeting if it has already happened or if it is still coming up.

**Activity** ~ Musical Instruments

Do you have any instruments in your home you can play? If not, try making some of your own. You can use rice inside an Easter egg, or make some drums with some bowls.

**Testimony** ~ Bear your testimony to your child about what a blessing it is to have music, and how it make us feel happy, and help make families happy. It doesn’t need to be eloquent and long, just keep it simple and heartfelt!

**Closing Song** ~ Pioneer Children Sang as They Walked (Primary Hymnbook; Hymn 214)

**Closing Prayer**

**Treat** ~ Suggested Treat ~ Wafer Cookies and Kit Kat Piano Keys! Check out the link for a picture!

### Extra Activities for This Lesson ~

1 ~ “Follow My Pattern” song sung to Frere Jacques. While you sing the song make a beat with your hand. You can clap them, pat them or do what ever you can. Your child needs to do what you do. After a couple times ask them if they want to make the pattern.

Follow my pattern, Follow my pattern

See if you can, see if you can

Follow my pattern, follow my pattern

See if you can, see if you can.

2 ~ Go to a music store and explore a couple instruments.

3 ~ Name that primary hymn!

### Other Materials ~

Basically all the ideas from this lesson is from The Primary 1 Manual, lds.org, and Sugardoodle.net

If you are looking for other materials to help with your lesson you can look in any of these places ~ There are links to them on the Family Night Website!

### For Younger Siblings ~

If your child has a younger sibling, look at the lesson we have for infants and toddlers, you can find the link on our website.