C Love Birds

Volume 2

Chef in Training!

<u>First Week:</u>

Cooking together can be lots of fun! Eating a home cooked meal is also much healthier than eating out on a date! This week plan, shop for, and cook a meal together!

Suggested Meal Ideas:

Lasagna, Homemade Pizza, Tacos, or anything else you can think of!

In-Between Weeks :

 $\underline{\text{Husband}} \sim \text{Pick your favorite dessert and cook it together}$. Eat it and then take a walk together while holding hands!

 \underline{Wife} ~ Pick your favorite dessert and cook it together. Eat it and then pick a great movie to watch while cuddling up to sweetheart!

Friend Week :

Invite a couple over to your home to have dinner. Prepare a meal together with spouse to serve and ask the other couple bring a dessert to share! While they are over ask if they have any good recipes they enjoy!