**I Can Pray to Heavenly Father**

Primary Manual 1 ~ Lesson 4 ~ 1 Pager ~ Teacher’s Edition

**Materials Needed** ~

Device to play music and movie if possible

Bag of things you are thankful for

Scriptures

Pictures of: Morning Prayer, Family Prayer, Daniel in the Lions’ Den, and Blessing the Food

Paper Bags, Glue and Puppet Pages

Pretzels

I Can Pray to Heavenly Father file folder Game

Coloring Page

Copy of “He is Listening” from June 2010 Friend

**Gathering Activities** ~ Bathroom, Set up, Snacks, Drinks

**Opening Song** ~ A Prayer Song (Primary Hymnbook; Hymn 22)

**Opening Prayer**

**Attention Activity** ~ Bag filled with things you are thankful for; how can I thank Heavenly Father for these things?

**Scripture** ~ 3rd Nephi 18:21; Talk about how a prayer starts and ends

**Scripture Story** ~ Daniel and the Lions Den

**Story** ~ “He is Listening” ~ From June 2010 Friend

**Activity** ~ Talk about pictures

 ~ Paper Bag Prayer Puppets

**Testimony** ~ Bear your testimony about the power of Prayer

**Closing Song** ~ I Pray in Faith (Primary Hymnbook; Hymn 14)

**Closing Prayer**

**Treat** ~ Pretzels (because they fold their “arms”)

* **Video** ~ Daniel and the Lions’ Den – lds.org
* **Book** ~ *Good Night Moon* by Margaret Wise Brown (Ask: what do you do before you go to bed)

**Extra Activities** ~

* I Can Pray to Heavenly Father File Folder Game (sugardoodle.net)
* I Can Pray to Heavenly Father Coloring Sheet

**Today in Sunbeams I Learned:**

**I Can Pray to Heavenly Father**

Today we talked about how we can pray to Heavenly Father

We sang, “I Pray in Faith”.

 I begin by saying “Dear Heavenly Father”;

 I thank him for blessings he sends;

 Then humbly I ask him for things that I need,

 In the name of Jesus Christ, Amen.

Read 3rd Nephi 18:21 that helps us know how to pray

Talked about the story of Daniel and the Lion’s Den

We also created a prayer puppet and talked about how we need to be reverent during the prayer.

