

# I Can Be a Good Example

Teach your child that others are watching what they do, especially if they have younger siblings, so they need to be a good example!

## Purpose

To help each child set a good example for others by following the example of Jesus.

“It is our duty to live our lives in such a way that we may be examples of righteousness.” ~ Thomas S Monson

## Preparation

Pull up any links you might need for the lesson - look at the Family Night website for quick links

Mark Scriptures ~ Matthew 4:19

Find Pictures of ~ Jesus Christ Praying with the Nephites

Prepare for the activities you want to do.

Things you will need ~ anything else you might need for extra activities

Prepare Treat ~ Suggested Treat - “Trail Mix”

# I Can Be a Good Example

**Opening Song** ~ Do As I'm Doing (Primary Hymnbook; Hymn 276)

**Opening Prayer**

**Attention Activity** ~ Sing the opening song a couple times and let each family member choose a different thing to do. Be sure to say, "This time \_\_\_\_ is going to be the leader so we will follow their example."

**Scripture** ~ Matthew 4:19

Have the child repeat, word for word the scripture. Explain how Jesus was an example for us to follow, and now he has asked us to be good examples for others!

**Scripture Story** ~ Christ's Example of Prayer

Tell your child the story of Jesus Praying with the Nephites found in 3 Nephi 17:11-24. Explain to your child how Jesus showed us how to pray for others. Ask them to listen to the story, especially who Jesus prayed for. Then ask your child how they can be like Jesus, and who they can pray for.

**Story** ~ Andrew's Example ~ From October 2009 Friend (Link on Family Night Website)

Watch the Story of Andrew and how he learned how to be a good example! Would be great for an older brother or sister. If you have an only child think about people your child can be an example for.

**Activity** ~ Simon Says

Play Simon Says! Take turns being the "leader" or the example. Make sure to talk about the rules ahead of time and how one of the important rules is that they need to follow the example. This would be a great time to be silly! Loosen up and laugh a little, it does the heart good!

**Testimony** ~ Bear your testimony to your child about how important it is that we are good examples. It doesn't need to be eloquent and long, just keep it simple and heartfelt!

**Closing Song** ~ Jesus Wants Me for a Sunbeam (Primary Hymnbook; Hymn 60)

**Closing Prayer**

**Treat** ~ Suggested Treat ~ “Trail Mix” (example found on sugardoodle.net. Explain to your child how part of being a good example is by being a good friend to others. Have each member of your family hold a baggie with one part of the trail mix. Dump all the different baggies into one bowl and make something together to share! Talk about how it is better now that you shared!

### Extra Activities for This Lesson ~

#### 1 ~ Follow the Footprints

Put footprint cut outs around the house and tell your child to follow the footsteps around the house. Explain how Jesus asked us to follow His footprints by following His example.

2 ~ Sing “This Little Light of Mine” song! You can talk about how that song is about being a good example to everyone by letting our light shine!

3 ~ Jesus Christ is the perfect example for me coloring page.

### Other Materials ~

Basically all the ideas from this lesson is from The Primary 1 Manual, lds.org, and Sugardoodle.net

If you are looking for other materials to help with your lesson you can look in any of these places ~ There are links to them on the Family Night Website!

### For Younger Siblings ~

If your child has a younger sibling, look at the lesson we have for infants and toddlers, you can find the link on our website.