

I Will Be Thankful

Being thankful is a great quality to have! During this wonderful time of the year we are especially blessed as we remember everything we have to be thankful for!

The holiday season can be a hustle and bustle of fun activities, presents, and treats! During this time it is easy to forget all the things we really have to be thankful for. Even if we are going through trials in our lives we can always find something to be thankful for! Giving thanks is just as important as knowing that we have something to be thankful for. Let's try to be more thankful in our lives, and teach our children to do the same!

“The grateful man sees so much in the world to be thankful for, and with him the good outweighs the evil. Love overpowers jealousy, and light drives darkness out of his life. Pride destroys our gratitude and sets up selfishness in its place. How much happier we are in the presence of a grateful and loving soul, and how careful we should be to cultivate, through the medium of a prayerful life, a thankful attitude toward God and man! ~ President Joseph F Smith

Preparation

Pull up any links you might need for the lesson - look at the Family Night website for quick links

Learn Sign - Thank you

Mark Psalms 100:4

Prepare for the Activities you want to do.

Print off Coloring Page: Thank you! (See activity)

Prepare Treat ~ Suggested Treat ~ something pumpkin!

I Will Be Thankful

Opening Song ~ A Song of Thanks (Primary Hymnbook; Hymn 20a)

Opening Prayer

Scripture ~ Open Scriptures to Psalms 100:4, and read. To reinforce the idea that goes with the lesson you can say, “We need to thank our Heavenly Father for all our blessings.”

Scripture Story ~ Nephi and his Family Give Thanks to Heavenly Father

After Nephi and his brothers came back with the brass plates,

His family all prayed together and thanked the Lord.

It is important to remember our blessings that Heavenly Father has given us.

Praying is a great way to show our thanks to Heavenly Father.

Activity ~ I am Thankful Pictures!

Write “thank you!” at the top of a page and color a picture for someone who you are thankful for! You can color pictures to other people in your family, grandparents, church leaders, and even friends! Give the pictures to the people you colored them for soon! I have created a “Thank you!” page already - it is actually the coloring page for this week! Follow my link, or feel free to make your own!

Coloring Page ~ Thank you! (See activity)

Closing Song ~ Thanks to our Father (Primary Hymnbook; Hymn 20b)

Closing Prayer

Treat ~ Suggested treat ~ something pumpkin!

Extra Activities for This Lesson ~

1 ~ Thankful Hunt! ~ Idea found in an old Friend Magazine

Go on a “thankful hunt” in your home! Go into each room in your home and write or draw something down that you are thankful for in that room. While you are in the room talk about what it is each person is thankful for in that room, and why they are thankful for it! Parents lead the way, and if your children are old enough to participate, encourage it!

2 ~ Family Thankful Journal

Every day you can sit down with your family and write in a thankful journal together! You can do it all year around too - not just during the holidays! A good time to do it is right around family prayer. Each of you can write down one thing you are thankful for. The only rule is you cannot write down the same thing for at least one month! It can be a fun tradition to start, and a great thing to have to look at when you are having a rough day ~ how nice would it be to just sit down and read a list of all the things you have to be grateful for?!

3 ~ Blessings of Every Color

A fun little activity that is about talking about blessings and learning colors! Great for younger kids! See the link on the FHE website for more details!