Heavenly Father Has a Plan for Me

Opening Song ~ Mother, Tell Me the Story (Primary Hymnbook; Hymn 204)

Opening Prayer

Scripture ~ Open Scriptures to 2nd Nephi 9:13, and read. To reinforce the idea that goes with the lesson you can say, "Heavenly Father's plan is great!"

Scripture Story ~ Premortal Life

Before you came to live with Daddy and Mommy you lived with Heavenly Father.

Heavenly Father told us about a plan he made just for us.

We were so happy about this plan that we shouted for joy

(Clap your hands and shout for joy if you want to!)

His plan is called the Plan of Happiness

Activity ~ Mr. Potato Head

Get out your Mr. Potato Head, or ask around and see if you can find one to borrow. Take all his accessories off and put them into a bag or bowl. In turn, have your child take each piece out and talk about how each piece is special for us to have. Explain that it was part of Heavenly Father's plan that we have a body.

If you cannot get a hold of a Mr. Potato Head, put the names of different body parts in a bag or bowl. If you do it this way, you can add a lot more different parts!

Coloring Page ~ Heavenly Father Has a Plan for Me

Closing Song ~ I Lived in Heaven (Primary Hymnbook; Hymn 4)

Closing Prayer

Treat ~ Since our goal is to end up in the Celestial Kingdom - which is often symbolized by a sun, choose from among some yummy "sun treats" I found on howdoesshe.com, link is on the family night webstie!