
3rd Trimester



Main Topics

Weeks ~
27 through 40

Baby Proofing Your
Home

Ask Around

FHE

Go Bag!

Freezer Meals

Announcements!

First Couple of Weeks

Delivery Part 1

Delivery Part 2

Delivery Part 3

Postpartum Health for
Mom

Plan for Plan B

Big Date!

Sleep



Quote:

*No one else will ever know
the strength of my love for
you. After all, you're the only
one who knows what my
heart sounds like from the
inside.*

~Author Unknown

