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# Family Traditions

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Week 9 of 40

Activity




## Advice

Having family traditions is a great way to knit your family together tightly!

Traditions don't need to be expensive! It can be as simple as having a Game Night every Thursday!

Growing up my parents took a picture of our family every year since they got married! They now all hang on the "picture wall". It is fun to see how we grew over the years. And I love having my own picture wall in my home now!



Invite another couple over for treats and games! Try to find a game you can play as husband/wife teams! Ask them about any traditions they have now, or had growing up to get some more ideas!

## *Discussion Points*

- *Did you have any family traditions growing up in your home?*
- *Are there any traditions you would like to keep from your family?*
- *Any new traditions you would like to start?*

## Goal

Think of some family traditions you would like to have! They don't need to be complicated or costly. Your goal for this week is to start your new family tradition!