Baby Names!

Week 6 of 40

Advice

Some people say you cannot choose a name for your baby until you have met them, while others are set on family names!

Sometimes it takes couples the whole pregnancy to find a name they both love, luckily you have plenty of time!

If you want to wait to meet the baby first, maybe have a couple of names to choose from!

Activity

Go to a library together! Each of you find a children's book you loved as a child and read it to each other!

Discussion Points

- Are there any boy names you love?
- Are there any girl names you love?
- Are there any family names you would like to use as a first or middle name?
 - Do you want to pick a name early, or wait to meet baby first?

Goal

Start a list of names you are thinking about using, both boy and girl names. Picking the name by which your child will go by for the rest of their life is a big choice! No need to make any choices right away!