# Pink, Blue, or Surprise?!

Week 5 of 40

### Advice

Some people like to know just to be prepared either way!

Some people have their photographer call the doctor and surprise them in a photo shoot so they can capture you finding out what gender the baby is!

Others say waiting until the baby is born to find out the gender is the only real surprise in life anymore!

#### Activity

Pop in a movie and snuggle up on the couch! You can buy a new movie both of you have been wanting to get, or if funds are tight you can redbox or borrow one!

## Discussion Points

- Do you want to find out if it is a boy or girl?
  - Did your parents find out, or did they keep it a surprise?
    - Boy or girl, either way it would be exciting! But are you hoping for a certain gender?
- If you do want to find out, how will you do the gender reveal to family and friends?

#### Goal

Most people find out they are expecting between 4 – 8 weeks along, and week 5 is right in the thick of it! Congrats if you just found out! Some people like to tell family right away, and then tell everyone else around the time the first trimester is over. This week start thinking of creative ways to tell everyone you are expecting! There are tons of cute ideas online!