
Mommy & Daddy in Love

Week 4 of 40

Activity

Go on a date! If this is your first child you will soon learn that after the baby comes these are few and far in-between, enjoy!

Advice

It is easy to get side tracked with a pregnancy and raising children, don't forget to focus on your relationship with your spouse. It is possibly one of the best things you can do for your child!

A marriage is not something that is made one day and will stay that way forever, it is something that needs to be fed and nourished constantly.

Discussion Points

- *What is the best way I can show my love for you?*
- *Are there any traditions we want to start now that can help our marriage continue to grow? (Reading scriptures or Ensign every night. Date night once a week, etc.)*
- *How should I let you know if I am feeling left out once the baby comes?*

Goal

Start a tradition together this week! Whether it is date night once a week, reading the scriptures as a couple every night, playing a certain game together once a week, or whatever else you can think of. Plan on keeping it up, even after the baby comes. Your relationship with each other is so important; it is something you need to work on daily!